

Individual Best Times (All Time)

Sophie Johnstone - (971157) - Newcastle SwimTeam - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.74	562	F	02/02/20	Northumberland & Durham SA County Championships	Sunderland	Newcastle	1
2:34.57	543	H	02/02/20	Northumberland & Durham SA County Championships	Sunderland	Newcastle	1
2:36.42	524	H	11/01/20	City of Sunderland New Year Meet 2020	Sunderland	Newcastle	1
2:39.39	495	H	03/02/19	Northumberland & Durham Swimming Association 2019	Sunderland	Newcastle	1
2:40.29	487	F	03/02/19	Northumberland & Durham Swimming Association 2019	Sunderland	Newcastle	1
2:42.96	463	H	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	Newcastle	1
2:44.60	449	H	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Newcastle	1
2:52.27	392	H	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	Newcastle	3
2:54.48	377	H	26/02/17	Northumberland & Durham SA 2017 Championships	Sunderland	Newcastle	1
2:54.82	375	H	09/04/17	Richmond Dales April Fool Gala	Leeds	Newcastle	1
2:55.33	372	H	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	Newcastle	1
2:55.74	369		12/03/17	Jorvik Spring Festival LC Meet	Leeds	Newcastle	3
3:06.10	311	H	10/07/16	City of Sunderland Summer Splash 2016	Sunderland	Newcastle	3
3:11.87	284	H	16/01/16	City of Sunderland New Year Meet	Sunderland	Newcastle	1
3:28.40	221	H	27/06/15	City of Leeds B Grade Meet 2015	Leeds		3

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