

# Individual Best Times (All Time)

Ross Sinclair - (971014) - Invicta WPC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:58.91	230	F	04/10/14	Lis Hartley Long Course Opportunity Meet	Crawley	Croydon Amph	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:58.91	230	F	04/10/14	Lis Hartley Long Course Opportunity Meet	Crawley	Croydon Amph	3