

# Individual Best Times (All Time)

Ross Sinclair - (971014) - Invicta WPC - 100 Backstroke - Long Course

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                     | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------|-----------------|-------|
| 1:29.16 | 193    | F     | 04/10/14 | Lis Hartley Long Course Opportunity Meet | Crawley | Croydon Amph    | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                     | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------|-----------------|-------|
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