

Individual Best Times (All Time)

Helena Watson - (970858) - Borough of Barnsley SC - 100 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:43.36	170	H	16/11/13	Sheffield City 25th B Grade Meet	Sheffield	Bo Barnsley	3

Swims in Date Order

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