

# Individual Best Times (All Time)

Daniel Raymond - (969831) - Rushmoor Royals SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:29.84	297	H	19/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Rushmoor Ryl	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:29.84	297	H	19/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Rushmoor Ryl	1