

Individual Best Times (All Time)

Lana Doneo - (969322) - Rotherham Metro SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.91	404	H	06/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
1:10.55	393	H	28/11/15	City of Sheffield Snow Frills Meet	Sheffield		3
1:10.89	388	H	20/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	Rotherham Mo	3
1:11.14	384	H	24/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
1:11.34	380	H	04/09/16	The Dukeries Open Meet 2016	Sheffield	Rotherham Mo	3
1:11.39	380	H	07/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1
1:11.88	372	H	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	Rotherham Mo	3
1:12.62	361	H	23/04/16	Stocksbridge Spring Open Meet 2016	Sheffield	Rotherham Mo	3
1:13.10	353	H	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	Rotherham Mo	3
1:13.45	348	H	05/09/15	Workshop Dolphins The 31st Dukeries Open Meet	Sheffield		3
1:17.63	295	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
1:18.48	286	H	18/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield		3
1:23.71	235	H	26/04/14	Stocksbridge Pentaqua Spring Open Meet	Sheffield	Rotherham Mo	3
1:24.23	231	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
1:29.04	195	H	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	Rotherham Mo	3
1:31.60	179	H	20/01/13	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3

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