

Individual Best Times (All Time)

Lana Doneo - (969322) - Rotherham Metro SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:03.16	326	H	23/04/16	Stocksbridge Spring Open Meet 2016	Sheffield	Rotherham Mo	3
3:16.07	266	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
3:39.06	190	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
3:41.70	184	H	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	Rotherham Mo	3
3:57.71	149	H	08/01/12	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:03.16	326	H	23/04/16	Stocksbridge Spring Open Meet 2016	Sheffield	Rotherham Mo	3
3:16.07	266	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
3:41.70	184	H	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	Rotherham Mo	3
3:39.06	190	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
3:57.71	149	H	08/01/12	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4