

Individual Best Times (All Time)

Lana Doneo - (969322) - Rotherham Metro SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.83	387	H	07/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1
36.88	386	H	27/02/16	Yorkshire County Championships	Sheffield	Rotherham Mo	1
36.98	383	H	20/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	Rotherham Mo	3
37.49	367	H	24/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
37.90	355	H	23/04/16	Stocksbridge Spring Open Meet 2016	Sheffield	Rotherham Mo	3
38.15	349	H	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	Rotherham Mo	3
38.17	348	H	04/09/16	The Dukeries Open Meet 2016	Sheffield	Rotherham Mo	3
38.52	339	H	28/11/15	City of Sheffield Snow Frills Meet	Sheffield		3
42.33	255	H	01/02/15	Sheffield & District ASA Championships	Sheffield		4
43.67	232	H	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3
43.89	229	H	14/12/13	BoB SC 18th Annual Christmas Sprint	Sheffield	Rotherham Mo	3
44.01	227	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
45.83	201	H	07/07/13	Borough of Barnsley SC 6th Summer Sizzler	Sheffield	Rotherham Mo	3
46.85	188	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4

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