

Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.55	502	H	31/07/21	NER & Yorkshire Festival of Swimming	Sheffield	Rotherham Mo	1
1:13.55	462	H	31/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Rotherham Mo	1
1:13.95	455	H	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Rotherham Mo	1
1:14.12	451	H	05/05/19	Swim England North East Region Championships (50)	Sheffield	Rotherham Mo	1
1:14.58	443	H	01/02/20	Yorkshire County Championships Level of Meet	Leeds	Rotherham Mo	1
1:14.78	440	H	02/02/19	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:15.64	425	F	02/02/19	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:16.02	418	H	07/09/19	The Inaugural A B C Graded Open Meet	Sheffield	Rotherham Mo	3
1:17.78	391	H	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Rotherham Mo	1
1:18.49	380	H	05/11/17	ASA North East Region Senior Junior Champs	Sheffield	Rotherham Mo	1
1:21.03	345	H	14/05/17	City of Sheffield No Frills Meet	Sheffield	Rotherham Mo	1
1:21.86	335	H	16/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:22.89	323	F	16/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:23.72	313	H	04/02/17	Yorkshire SA County Championships	Leeds	Rotherham Mo	1
1:26.22	287	H	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	Rotherham Mo	3
1:33.71	223	H	24/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
1:39.53	186	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
1:40.56	180	H	01/02/15	Sheffield & District ASA Championships	Sheffield		4
1:43.19	167	H	22/11/14	City of Sheffield Snow Frills Meet	Sheffield		3
1:44.84	159	H	16/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
1:46.10	154	H	26/04/14	Stocksbridge Pentaqua Spring Open Meet	Sheffield	Rotherham Mo	3
1:49.08	141	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
1:50.97	134	H	19/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3

Swims in Date Order

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