

# Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet  | Venue      | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 33.55 | 462    | H     | 22/02/20 | Yorkshire County Championships Level of Meet      | Sheffield  | Rotherham Mo    | 1     |
| 34.07 | 441    | H     | 23/02/19 | Yorkshire County Championships                    | Sheffield  | Rotherham Mo    | 1     |
| 34.51 | 425    | H     | 04/05/19 | Swim England North East Region Championships (50) | Sheffield  | Rotherham Mo    | 1     |
| 36.18 | 368    | H     | 24/02/18 | Yorkshire County Championships                    | Sheffield  | Rotherham Mo    | 1     |
| 36.44 | 361    | H     | 24/03/18 | City of Sheffield Swim Squad Premier Meet 2018    | Sheffield  | Rotherham Mo    | 1     |
| 37.59 | 328    | H     | 21/05/17 | ASA North East Region Championships               | Sunderland | Rotherham Mo    | 1     |
| 38.51 | 305    | H     | 11/02/17 | Yorkshire SA County Championships                 | Sheffield  | Rotherham Mo    | 1     |
| 42.79 | 223    | H     | 27/02/16 | Yorkshire County Championships                    | Sheffield  | Rotherham Mo    | 1     |
| 44.01 | 205    | H     | 24/01/16 | Rotherham Metro A&B Grade LC Meet                 | Sheffield  | Rotherham Mo    | 3     |
| 46.88 | 169    | H     | 01/02/15 | Sheffield & District ASA Championships            | Sheffield  |                 | 4     |
| 47.02 | 168    | H     | 25/04/15 | Stocksbridge Spring Open Meet                     | Sheffield  |                 | 3     |
| 47.09 | 167    | H     | 31/01/15 | Yorkshire County Championships                    | Sheffield  |                 | 1     |
| 47.25 | 165    | H     | 17/05/15 | Rotherham Metro Level One Long Course Meet        | Sheffield  |                 | 1     |
| 49.77 | 141    | H     | 02/02/14 | Sheffield & District ASA Championships            | Sheffield  | Rotherham Mo    | 4     |
| 49.93 | 140    | H     | 15/03/14 | Yorkshire County Championships                    | Sheffield  | Rotherham Mo    | 1     |
| 51.07 | 131    | H     | 26/04/14 | Stocksbridge Pentaqua Spring Open Meet            | Sheffield  | Rotherham Mo    | 3     |
| 51.23 | 129    | H     | 18/01/14 | Rotherham Metro SC A & B Grade LC Meet            | Sheffield  | Rotherham Mo    | 3     |
| 53.49 | 114    | H     | 31/08/13 | Worksop Dolphins SC The 29th Dukeries             | Sheffield  | Rotherham Mo    | 3     |
| 54.58 | 107    | H     | 19/01/13 | Rotherham Metro SC A & B Grade LC Meet            | Sheffield  | Rotherham Mo    | 3     |
| 54.96 | 105    | H     | 16/03/13 | Yorkshire County Championships                    | Sheffield  | Rotherham Mo    | 1     |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet  | Venue     | Club Swam Under | Level |
|-------|--------|-------|----------|---|-----------|-----------------|-------|
| 33.55 | 462    | H     | 22/02/20 | Yorkshire County Championships Level of Meet      | Sheffield | Rotherham Mo    | 1     |
| 34.51 | 425    | H     | 04/05/19 | Swim England North East Region Championships (50) | Sheffield | Rotherham Mo    | 1     |
| 34.07 | 441    | H     | 23/02/19 | Yorkshire County Championships                    | Sheffield | Rotherham Mo    | 1     |

|       |     |   |          |  |            |              |   |
|-------|-----|---|----------|--|------------|--------------|---|
| 36.44 | 361 | H | 24/03/18 | City of Sheffield Swim Squad Premier Meet 2018 | Sheffield  | Rotherham Mo | 1 |
| 36.18 | 368 | H | 24/02/18 | Yorkshire County Championships                 | Sheffield  | Rotherham Mo | 1 |
| 37.59 | 328 | H | 21/05/17 | ASA North East Region Championships            | Sunderland | Rotherham Mo | 1 |
| 38.51 | 305 | H | 11/02/17 | Yorkshire SA County Championships              | Sheffield  | Rotherham Mo | 1 |
| 42.79 | 223 | H | 27/02/16 | Yorkshire County Championships                 | Sheffield  | Rotherham Mo | 1 |
| 44.01 | 205 | H | 24/01/16 | Rotherham Metro A&B Grade LC Meet              | Sheffield  | Rotherham Mo | 3 |
| 47.25 | 165 | H | 17/05/15 | Rotherham Metro Level One Long Course Meet     | Sheffield  |              | 1 |
| 47.02 | 168 | H | 25/04/15 | Stocksbridge Spring Open Meet                  | Sheffield  |              | 3 |
| 46.88 | 169 | H | 01/02/15 | Sheffield & District ASA Championships         | Sheffield  |              | 4 |
| 47.09 | 167 | H | 31/01/15 | Yorkshire County Championships                 | Sheffield  |              | 1 |
| 51.07 | 131 | H | 26/04/14 | Stocksbridge Pentaqua Spring Open Meet         | Sheffield  | Rotherham Mo | 3 |
| 49.93 | 140 | H | 15/03/14 | Yorkshire County Championships                 | Sheffield  | Rotherham Mo | 1 |
| 49.77 | 141 | H | 02/02/14 | Sheffield & District ASA Championships         | Sheffield  | Rotherham Mo | 4 |
| 51.23 | 129 | H | 18/01/14 | Rotherham Metro SC A & B Grade LC Meet         | Sheffield  | Rotherham Mo | 3 |
| 53.49 | 114 | H | 31/08/13 | Worksop Dolphins SC The 29th Dukeries          | Sheffield  | Rotherham Mo | 3 |
| 54.96 | 105 | H | 16/03/13 | Yorkshire County Championships                 | Sheffield  | Rotherham Mo | 1 |
| 54.58 | 107 | H | 19/01/13 | Rotherham Metro SC A & B Grade LC Meet         | Sheffield  | Rotherham Mo | 3 |