

# Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:53.03	423	H	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
5:21.74	320	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1

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