

Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:12.45	456	H	02/02/20	Yorkshire County Championships Level of Meet	Leeds	Rotherham Mo	1
2:12.93	451	H	03/02/19	Yorkshire County Championships	Leeds	Rotherham Mo	1
2:14.37	437	H	07/09/19	The Inaugural A B C Graded Open Meet	Sheffield	Rotherham Mo	3
2:16.34	418	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Rotherham Mo	1
2:17.43	408	H	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Rotherham Mo	1
2:17.65	406	H	12/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
2:17.95	404	H	14/05/17	City of Sheffield No Frills Meet	Sheffield	Rotherham Mo	1
2:18.24	401	H	20/01/18	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	Rotherham Mo	3
2:22.69	365	H	05/02/17	Yorkshire SA County Championships	Leeds	Rotherham Mo	1
2:22.79	364	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Rotherham Mo	1
2:25.36	345	H	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	Rotherham Mo	3
2:30.55	310	H	07/02/16	Yorkshire County Championships	Leeds	Rotherham Mo	1
2:31.22	306	H	07/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1
2:32.10	301	H	23/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
2:35.06	284	H	28/11/15	City of Sheffield Snow Frills Meet	Sheffield		3
2:42.11	249	H	16/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
2:44.09	240	H	22/11/14	City of Sheffield Snow Frills Meet	Sheffield		3
2:53.72	202	H	19/04/14	City of Leeds National Qualifying Meet 2014	Leeds	Rotherham Mo	1
2:54.66	199	H	17/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Rotherham Mo	1
2:54.91	198	H	23/02/14	Yorkshire SA County Championships	Leeds	Rotherham Mo	1
2:59.34	183	H	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3
3:25.28	122	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4

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