

Individual Best Times (All Time)

Harold Cocking - (969321) - Rotherham Metro SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.91	529	H	24/07/21	Derventio eXcel Welcome Back Long Course Open	Pond Forge	Rotherham Mo	3
57.94	529	H	07/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Rotherham Mo	1
58.41	516	H	07/09/19	The Inaugural A B C Graded Open Meet	Sheffield	Rotherham Mo	3
58.46	515	H	12/05/19	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
58.67	509	H	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Rotherham Mo	1
1:00.71	459	H	09/02/19	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:01.39	444	H	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Rotherham Mo	1
1:02.71	417	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	Rotherham Mo	1
1:02.86	414	H	27/05/17	ASA North East Region Championships	Sunderland	Rotherham Mo	1
1:03.43	403	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Rotherham Mo	1
1:03.47	402	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Rotherham Mo	1
1:04.86	377	H	15/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:05.09	373	H	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	Rotherham Mo	3
1:05.51	366	H	25/02/17	Yorkshire SA County Championships	Leeds	Rotherham Mo	1
1:05.70	362	F	15/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:07.47	335	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Rotherham Mo	1
1:08.17	324	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1
1:08.45	320	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Rotherham Mo	1
1:10.07	299	H	13/02/16	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:10.25	296	H	23/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
1:11.58	280	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
1:11.68	279	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
1:11.85	277	H	25/07/15	City of Sheffield Summer Meet	Sheffield		3
1:13.94	254	H	01/02/15	Sheffield & District ASA Championships	Sheffield		4
1:14.61	247	H	22/11/14	City of Sheffield Snow Frills Meet	Sheffield		3
1:15.15	242	H	21/02/15	Yorkshire County Championships	Leeds		1
1:15.03	235	H	26/04/14	Stocksbridge Pentagon Spring Open Meet	Sheffield	Rotherham Mo	3

1:15.93	233	H	26/04/14	Stocksbridge Pentaqua Spring Open Meet	Sheffield	Rotherham Mo	3
1:20.31	198	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
1:23.75	175	H	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.91	529	H	24/07/21	Derventio eXcel Welcome Back Long Course Open	Pond Forge	Rotherham Mo	3
58.67	509	H	08/02/20	Yorkshire County Championships Level of Meet	Leeds	Rotherham Mo	1
58.41	516	H	07/09/19	The Inaugural A B C Graded Open Meet	Sheffield	Rotherham Mo	3
58.46	515	H	12/05/19	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
57.94	529	H	07/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	Rotherham Mo	1
1:00.71	459	H	09/02/19	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:01.39	444	H	08/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	Rotherham Mo	1
1:03.47	402	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Rotherham Mo	1
1:02.86	414	H	27/05/17	ASA North East Region Championships	Sunderland	Rotherham Mo	1
1:02.71	417	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	Rotherham Mo	1
1:05.70	362	F	15/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:04.86	377	H	15/04/17	City of Leeds National Qualifier 2017	Leeds	Rotherham Mo	1
1:03.43	403	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Rotherham Mo	1
1:05.51	366	H	25/02/17	Yorkshire SA County Championships	Leeds	Rotherham Mo	1
1:05.09	373	H	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	Rotherham Mo	3
1:08.17	324	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Rotherham Mo	1
1:08.45	320	H	10/04/16	Derventio Excel 10th Open Meet 2016	Sheffield	Rotherham Mo	1
1:07.47	335	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Rotherham Mo	1
1:10.07	299	H	13/02/16	Yorkshire County Championships	Leeds	Rotherham Mo	1
1:10.25	296	H	23/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
1:11.85	277	H	25/07/15	City of Sheffield Summer Meet	Sheffield		3
1:11.68	279	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
1:11.58	280	H	25/04/15	Stocksbridge Spring Open Meet	Sheffield		3
1:15.15	242	H	21/02/15	Yorkshire County Championships	Leeds		1
1:13.94	254	H	01/02/15	Sheffield & District ASA Championships	Sheffield		4
1:14.61	247	H	22/11/14	City of Sheffield Snow Frills Meet	Sheffield		3
1:15.93	235	H	26/04/14	Stocksbridge Pentaqua Spring Open Meet	Sheffield	Rotherham Mo	3
1:20.31	198	H	02/02/14	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4
1:23.75	175	H	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3