

Individual Best Times (All Time)

Grace Russell - (969311) - Rotherham Metro SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.35	452	H	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	Rotherham Mo	3
2:42.64	434	H	18/01/20	Rotherham Metro A & B Grade Long Course Meet	Sheffield	Rotherham Mo	3
2:43.20	429	H	02/12/18	City of Sheffield Snow Frills Meet 2018	Sheffield	Rotherham Mo	3
2:51.34	371	H	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	Rotherham Mo	3
3:01.96	309	H	23/01/16	Rotherham Metro A&B Grade LC Meet	Sheffield	Rotherham Mo	3
3:04.37	297	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
3:10.45	270	H	17/01/15	Rotherham Metro A & B Grade LC Meet	Sheffield		3
3:26.79	211	H	18/01/14	Rotherham Metro SC A & B Grade LC Meet	Sheffield	Rotherham Mo	3
3:44.92	164	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4

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3:44.92	164	H	03/02/13	Sheffield & District ASA Championships	Sheffield	Rotherham Mo	4