

Individual Best Times (All Time)

Lauren Heppell - (967721) - Chester-Le-Street SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:44.68	458	H	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	Tynemouth	1
5:48.99	442	H	12/02/22	Northumberland & Durham SA County Championships 22	Sunderland	Newcastle	1
5:49.40	440	H	04/02/23	Northumberland & Durham County Championships 2023	Sunderland	Newcastle	1
5:49.40	440	H	04/02/23	Northumberland & Durham County Championships 2023	Sunderland	Newcastle	1
5:53.25	426	H	09/02/19	Northumberland & Durham Swimming Association 2019	Sunderland	Tynemouth	1
6:07.36	379	H	10/02/18	N & D 2018 Championships	Sunderland	Chester Le S	1

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