

Individual Best Times (All Time)

Aimee Hood - (964341) - City of Birmingham SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:13.80	608	F	28/04/18	Swim England West Midlands Championships	Coventry	Co Coventry	1
5:14.15	606	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Co Birm'ham	1
5:14.16	606	H	28/04/18	Swim England West Midlands Championships	Coventry	Co Coventry	1
5:16.62	592	F	31/07/18	Swim England National Summer Meet	Sheffield	Co Coventry	1
5:17.04	589	H	13/04/19	City of Leeds National Qualifier 2019	Leeds	Co Birm'ham	1
5:17.60	586	H	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	Co Coventry	1
5:18.13	583	F	13/04/19	City of Leeds National Qualifier 2019	Leeds	Co Birm'ham	1
5:20.08	573	F	26/05/17	Cardiff International Open Meet 2017	Cardiff	Co Coventry	1
5:21.56	565	H	01/04/18	Beckenham SC 125th Anniversary International Open	London	Co Coventry	1
5:21.63	564	H	31/07/18	Swim England National Summer Meet	Sheffield	Co Coventry	1
5:22.62	559	H	02/08/17	Swim England National Summer Meet (50m)	Sheffield	Co Coventry	1
5:22.72	559	H	02/12/17	City of Coventry Winter Open Meet 2017	Coventry	Co Coventry	3
5:22.97	557	H	20/05/17	Derventio Excel 1st May Meet	Sheffield	Co Coventry	1
5:24.55	549	H	25/03/18	ESSA 68th National Inter-Divisional Championships	Crawley		1
5:24.66	549	H	27/01/18	Warwickshire ASA Swimming Championships 2018	Coventry	Co Coventry	1
5:25.19	546	F	06/05/17	West Midlands Championships	Coventry	Co Coventry	1
5:27.60	534	H	26/03/17	City of Sheffield Premier Meet	Sheffield	Co Coventry	1
5:28.41	530	H	06/05/17	West Midlands Championships	Coventry	Co Coventry	1
5:30.36	521	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Co Coventry	1
5:44.13	461	H	29/05/16	West Midlands ASA Championships	Coventry	Co Coventry	1
5:47.05	449	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Coventry	1
6:23.93	332	H	09/05/15	City of Coventry May Open Meet	Coventry		1

Swims in Date Order

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