

Individual Best Times (All Time)

Ellie Wheeler - (964002) - Basildon and Phoenix SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:25.95	693	H	24/03/18	ESSA 68th National Inter-Divisional Championships	Crawley		1
4:27.37	682	H	17/02/18	Essex Age Group Championships 2018	Basildon	Basildon Ph	1
4:30.67	657	H	03/02/19	Essex Age Group Champs 2019	Basildon	Basildon Ph	1
4:31.13	654	H	03/03/18	Edinburgh International Inc British Championships	Edinburgh	Basildon Ph	1
4:32.01	647	H	29/04/17	ASA East Long Course Championships	Luton	Basildon Ph	1
4:32.10	647	H	21/04/19	BPSC Easter Meet 2019	Basildon	Basildon Ph	1
4:32.41	645	H	01/03/20	ESSA 70th National Inter-Divisional Championships	Sheffield		1
4:32.54	644	H	14/05/17	BPSC Spring Long Course Meet	Basildon	Basildon Ph	1
4:32.54	644	H	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	Basildon Ph	1
4:34.04	633	H	02/02/20	Essex Age Group Championships 2020	Basildon	Basildon Ph	1
4:34.44	630	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Basildon Ph	1
4:34.70	629	H	02/08/19	Swim England National Summer Meet	Sheffield	Basildon Ph	1
4:34.98	627	H	16/04/17	BPSC Easter Meet 2017	Basildon	Basildon Ph	1
4:35.01	626	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Basildon Ph	1
4:36.88	614	F	25/05/19	2019 London Swimming National Qualifier	London	Basildon Ph	1
4:36.97	613	H	18/02/17	Essex Age Group Championships 2017	Basildon	Basildon Ph	1
4:37.54	610	H	29/07/17	British Summer Championships	Sheffield	Basildon Ph	1
4:37.59	609	H	01/08/21	British Swimming Festival of Swimming East Region	UEA Norwich	Basildon Ph	1
4:37.61	609	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Basildon Ph	1
4:37.80	608	H	28/07/18	British Summer Championships	Sheffield	Basildon Ph	1
4:39.30	598	H	23/01/22	Warwickshire Swimming Championships	Coventry	Birm'ham Uni	1
4:39.71	595	H	24/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
4:40.35	591	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Basildon Ph	1
4:41.80	582	H	14/04/18	N&EL L1 National Qualifying Meet	London	Basildon Ph	1
4:42.80	576	H	30/06/18	Scottish National Open Championships	Tollcross	East Region	1
4:43.41	572	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Basildon Ph	1
4:46.44	556	H	24/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	2

4:46.11	554	H	24/07/16	BPSC End of Season Meet 2016	Basildon	Basildon Ph	3
4:46.51	554	H	27/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Basildon Ph	1
4:50.91	529	H	29/05/16	ASA East Region Long Course Championships	Luton	Basildon Ph	1
5:01.98	473	H	19/07/15	Basildon & Phoenix LC End of Season Meet	Basildon		3
5:05.10	459	H	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
5:05.10	459	H	23/01/16	Essex Age Group Championships 2016	Basildon	Basildon Ph	1
5:07.26	449	H	05/04/15	Basildon & Phoenix LC Easter Meet	Basildon		1
5:44.52	318	H	20/07/14	Basildon & Phoenix End of Season Meet	Basildon		3

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