

Individual Best Times (All Time)

Beth Thomas - (960018) - Biggleswade SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.91	493	H	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
4:57.91	493	H	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
4:58.01	492	F	05/08/16	Swim Wales Summer Nationals	Swansea	C Beds SS	1
4:58.48	490	H	14/05/17	Team Luton May Long Course Meet 2017	Luton	C Beds SS	1
5:04.03	464	H	17/04/16	Team Luton April Long Course Meet	Luton	C Beds SS	1
5:04.21	463	F	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	C Beds SS	1
5:05.71	456	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
5:08.86	442	H	15/05/16	Team Luton May Long Course Meet	Luton	C Beds SS	1
5:21.52	392	H	21/03/15	Bedfordshire ASA County Championships	Luton	Biggleswade	1
5:23.67	384	F	08/02/15	Wycombe February Long Distance Meet	Wycombe	C Beds SS	3
5:47.99	309	H	05/07/14	City of Coventry Graham Sykes Gala	Coventry		3
5:58.32	283	H	06/07/13	City of Coventry Graham Sykes Gala	Coventry	Biggleswade	3

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5:58.32 283

H

06/07/13 City of Coventry Graham Sykes Gala

Coventry

Biggleswade

3