

Individual Best Times (All Time)

Liam Openshaw - (958647) - Poole SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:13.38	463	H	06/05/18	ASA SWR Summer Championships	Plymouth	Poole	1
5:27.38	406	H	21/05/17	ASA SWR Summer Championships	Millfield	Poole	1
5:35.13	378	H	15/05/16	ASA SWR Summer Championships	Bristol	Poole	1
5:35.13	378	H	15/05/16	ASA SWR Summer Championships	Millfield	Poole	1
5:36.09	375	F	09/04/16	City of Bristol International Open Meet	Bristol	Poole	1
6:13.43	273	H	31/05/15	ASASWR Summer Championships	Millfield		1
6:16.94	266	F	07/02/15	Aquae Sulis Spring Grand Prix	Bristol	Poole	1

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