

Individual Best Times (All Time)

Marik Goodwin - (957444) - Worksop Dolphins SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 1:01.02 | 452 | H | 19/01/20 | Nottinghamshire ASA County Championships 2020 | Nottingham | Worksop | 1 |
| 1:01.57 | 440 | H | 20/01/19 | Nottinghamshire ASA County Championships 2019 | Harvey Hadden | Worksop | 1 |
| 1:04.36 | 385 | H | 01/09/18 | The Dukeries Open Meet 2018 | Sheffield | Worksop | 3 |
| 1:04.52 | 383 | H | 13/05/18 | Rotherham Metro Springtime Long Course Meet | Sheffield | Worksop | 3 |
| 1:09.00 | 313 | H | 21/01/17 | Nottingham ASA County Championships 2017 | Nottingham | Worksop | 1 |
| 1:09.88 | 301 | H | 04/09/16 | The Dukeries Open Meet 2016 | Sheffield | Worksop | 3 |
| 1:11.43 | 282 | H | 23/04/16 | Stocksbridge Spring Open Meet 2016 | Sheffield | Worksop | 3 |
| 1:12.04 | 275 | H | 20/12/15 | Nottinghamshire Festive Frenzy Gala 2015 | Nottingham | Worksop | 3 |
| 1:12.26 | 272 | H | 30/08/14 | Worksop Dolphins The 30th Dukeries Open Meet | Sheffield | | 3 |
| 1:14.13 | 252 | H | 05/09/15 | Worksop Dolphins The 31st Dukeries Open Meet | Sheffield | | 3 |

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