

Individual Best Times (All Time)

Marik Goodwin - (957444) - Worksop Dolphins SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:33.41	388	H	02/02/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Worksop	1
2:35.08	375	H	12/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	Worksop	3
2:35.65	371	H	01/02/20	Nottinghamshire ASA County Championships 2020	Nottingham	Worksop	1
2:35.73	371	H	21/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	Worksop	1
2:42.90	324	H	04/10/14	Robin Hood Open Meet 2014	Sheffield		1
2:43.11	323	H	07/02/15	Derventio Excel February Festival	Sheffield		1
2:43.95	318	H	14/06/14	Midland Age Group Championships 2014	Coventry		1
2:46.50	303	H	22/01/17	Nottingham ASA County Championships 2017	Nottingham	Worksop	1
2:48.05	295	H	12/01/14	City of Derby Long Course L1 Meet	Sheffield	Worksop	1
2:49.83	286	H	06/06/15	Midlands Championships 2015	Coventry		1
2:54.49	263	H	19/12/15	Nottinghamshire Festive Frenzy Gala 2015	Nottingham	Worksop	3

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