

Individual Best Times (All Time)

Marik Goodwin - (957444) - Worksop Dolphins SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:10.10	398	H	18/01/20	Nottinghamshire ASA County Championships 2020	Nottingham	Worksop	1
1:10.47	392	H	19/01/19	Nottinghamshire ASA County Championships 2019	Harvey Hadden	Worksop	1
1:11.28	379	H	07/09/19	The Inaugural A B C Graded Open Meet	Sheffield	Worksop	3
1:13.45	346	H	13/05/18	Rotherham Metro Springtime Long Course Meet	Sheffield	Worksop	3
1:15.20	323	H	20/01/18	Nottinghamshire ASA County Championships 2018	Nottingham	Worksop	1
1:17.14	299	H	04/02/17	Nottingham ASA County Championships 2017	Nottingham	Worksop	1
1:17.71	292	H	07/06/15	Midlands Championships 2015	Coventry		1
1:18.02	289	H	30/08/14	Worksop Dolphins The 30th Dukeries Open Meet	Sheffield		3
1:18.40	285	H	05/10/14	Robin Hood Open Meet 2014	Sheffield		1
1:19.52	273	H	02/09/17	The Dukeries Open Meet 2017	Sheffield	Worksop	3
1:21.95	249	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Worksop	1
1:22.81	241	H	23/04/16	Stocksbridge Spring Open Meet 2016	Sheffield	Worksop	3
1:23.41	236	H	05/09/15	Worksop Dolphins The 31st Dukeries Open Meet	Sheffield		3
1:24.01	231	H	20/12/15	Nottinghamshire Festive Frenzy Gala 2015	Nottingham	Worksop	3
1:24.11	230	H	04/10/15	Sherwood Colliery The Robin Hood Open Meet	Sheffield		4
1:24.34	229	H	04/09/16	The Dukeries Open Meet 2016	Sheffield	Worksop	3
1:24.54	227	H	31/08/13	Worksop Dolphins SC The 29th Dukeries	Sheffield	Worksop	3

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