Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 100 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 1:39.02 | 189 | F | 25/02/18 | Swansea Aquatics Long Course Spring Meet | Swansea | Carmarthen | 1 |
| 1:42.97 | 168 | F | 07/04/19 | City of Wells Open Meet 2019 | Millfield School | Carmarthen | 3 |
| 1:52.56 | 129 | F | 15/05/16 | City of Swansea Long Course Meet 2016 | Swansea | Nofio S Gar | 1 |
| 1:53.75 | 125 | F | 09/01/16 | Swim Wales New Year Meet | Swansea | Carmarthen | 1 |
| 1:55.22 | 120 | F | 24/10/15 | Neath ASC Open Meet 2015 | Swansea | Carmarthen | 1 |
| 1:55.88 | 118 | Н | 15/05/16 | City of Swansea Long Course Meet 2016 | Swansea | Nofio S Gar | 1 |

Swims in Date Order

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