

Individual Best Times (All Time)

Aled Conlon - (954246) - Carmarthen - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.19	354	H	02/08/19	Swim Wales Summer Nationals	Swansea	Nofio S Gar	1
1:07.46	335	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Carmarthen	1
1:07.52	334	H	11/05/19	Swansea Aquatics Centenary 2019 LC Open Meet	WNPS	Carmarthen	1
1:07.81	330	F	06/04/19	City of Wells Open Meet 2019	Millfield School	Carmarthen	3
1:07.96	327	H	11/05/18	Swansea Aquatics Long Course Meet 2018	WNPS	Carmarthen	1
1:10.57	292	F	07/04/18	City of Wells Open Meet 2018	Millfield	Carmarthen	3
1:11.98	275	F	18/11/17	Swansea Aquatics Long Course Autumn Meet	Swansea	Carmarthen	1
1:14.65	247	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Nofio S Gar	1
1:17.41	221	F	08/04/17	City of Wells Open Meet	Millfield	Carmarthen	3
1:21.79	188	F	01/08/16	Swim Wales Summer Development Meet	Swansea	Nofio S Gar	3
1:22.20	185	H	14/05/16	City of Swansea Long Course Meet 2016	Swansea		1
1:26.81	157	F	09/01/16	Swim Wales New Year Meet	Swansea	Carmarthen	1
1:29.44	143	F	22/03/15	City of Cardiff Tiger Bay Meet	Cardiff	Carmarthen	3

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