

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
44.18	287	H	03/02/18	Essex Age Group Championships 2018	London	Epping For't	1
44.95	273	H	04/02/17	Essex Age Group Championships	London	Epping For't	1
44.95	273	H	04/02/17	Essex Age Group Championships 2017	Basildon	Epping For't	1
46.87	240	H	06/02/16	Essex Age Group Championships 2016	London	Epping For't	1
46.87	240	H	06/02/16	Essex Age Group Championships 2016	Basildon	Epping For't	1

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