

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.33	495	H	17/02/18	Essex Age Group Championships 2018	Basildon	Epping For't	1
1:05.33	495	F	17/02/18	Essex Age Group Championships 2018	Basildon	Epping For't	1
1:05.60	489	H	15/04/18	N&EL L1 National Qualifying Meet	London	Epping For't	1
1:06.10	478	H	03/02/19	Essex Age Group Champs 2019	Basildon	Epping For't	1
1:07.58	447	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Epping For't	1
1:08.05	438	H	18/02/17	Essex Age Group Championships 2017	Basildon	Epping For't	1
1:12.59	361	H	20/02/16	Essex Age Group Championships 2016	Basildon	Epping For't	1

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