

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.54	374	H	16/02/19	Essex Age Group Champs 2019	Basildon	Epping For't	1
1:20.33	363	H	18/02/18	Essex Age Group Championships 2018	Basildon	Epping For't	1

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