

Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 200 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:30.44	530	F	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
2:30.65	528	H	21/04/19	BPSC Easter Meet 2019	Basildon	Epping For't	1
2:30.77	527	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
2:30.83	526	F	25/05/19	2019 London Swimming National Qualifier	London	Epping For't	1
2:34.89	486	H	17/02/19	Essex Age Group Champs 2019	Basildon	Epping For't	1
2:35.41	481	H	15/04/18	N&EL L1 National Qualifying Meet	London	Epping For't	1
2:35.50	480	H	16/02/20	Essex Age Group Championships 2020	Basildon	Epping For't	1
2:36.98	467	H	21/01/18	Essex Age Group Championships 2018	Basildon	Epping For't	1
2:37.09	466	H	13/05/18	BPSC Spring Long Course Event 2018	Basildon	Epping For't	1
2:38.38	454	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Epping For't	1
2:38.95	450	H	26/05/18	East Swimming Long Course Championships 2018	Luton	Epping For't	1

Swims in Date Order

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2:35.50	480	H	16/02/20	Essex Age Group Championships 2020	Basildon	Epping For't	1
2:30.83	526	F	25/05/19	2019 London Swimming National Qualifier	London	Epping For't	1
2:30.44	530	F	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
2:30.77	527	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
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