

# Individual Best Times (All Time)

Rachel Ha - (953798) - Epping Forest Dist SC - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.14	539	F	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
1:09.25	514	H	05/05/19	Swim England East Region Long Course Champs	Inspire Luton	Epping For't	1
1:09.42	510	F	25/05/19	2019 London Swimming National Qualifier	London	Epping For't	1
1:09.68	504	F	17/02/19	Essex Age Group Champs 2019	Basildon	Epping For't	1
1:09.78	502	F	16/02/20	Essex Age Group Championships 2020	Basildon	Epping For't	1
1:09.90	500	H	16/02/20	Essex Age Group Championships 2020	Basildon	Epping For't	1
1:10.06	496	H	17/02/19	Essex Age Group Champs 2019	Basildon	Epping For't	1
1:10.16	494	H	21/04/19	BPSC Easter Meet 2019	Basildon	Epping For't	1
1:10.37	490	H	31/03/19	Team Luton March Open Meet	Luton	Epping For't	1
1:11.79	461	H	13/05/18	BPSC Spring Long Course Event 2018	Basildon	Epping For't	1
1:12.04	456	H	18/02/18	Essex Age Group Championships 2018	Basildon	Epping For't	1
1:12.13	455	H	28/05/18	East Swimming Long Course Championships 2018	Luton	Epping For't	1
1:12.37	450	F	18/02/18	Essex Age Group Championships 2018	Basildon	Epping For't	1
1:12.60	446	H	29/10/17	Essex Senior Winter Championships 2017	Basildon	Epping For't	1
1:13.38	432	F	29/05/17	ASA East Region Long Course Championships	Norwich	Epping For't	1
1:13.51	429	H	29/05/17	ASA East Region Long Course Championships	Norwich	Epping For't	1
1:17.39	368	H	19/02/17	Essex Age Group Championships 2017	Basildon	Epping For't	1
1:25.40	274	H	21/02/16	Essex Age Group Championships 2016	Basildon	Epping For't	1

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