

# Individual Best Times (All Time)

Isabel Harry - (953523) - Teddington SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:25.56	605	F	06/08/17	Swim England National Summer Meet (50m)	Sheffield	Staines	1
2:27.75	578	H	14/05/17	ASA South East Region Championships 2017	Crawley	Staines	1
2:27.80	578	H	05/05/18	Swim England South East Championships 2018	Wycombe	Staines	1
2:28.04	575	H	05/05/18	Swim England South East Championships 2018	Wycombe	Staines	1
2:28.07	575	H	14/04/18	Team Luton April Long Course Meet 2018	Luton	Staines	1
2:28.31	572	H	06/08/17	Swim England National Summer Meet (50m)	Sheffield	Staines	1
2:28.57	569	H	04/08/18	Swim England National Summer Meet	Sheffield	Staines	1
2:29.35	560	H	14/05/17	ASA South East Region Championships 2017	Crawley	Staines	1
2:31.39	538	F	26/03/17	MCASA Open Meet	London	Staines	1
2:31.69	534	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Staines	1
2:32.23	529	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	Staines	1
2:32.27	528	H	05/08/16	Swim Wales Summer Nationals	Swansea	Staines	1
2:32.89	522	F	05/08/16	Swim Wales Summer Nationals	Swansea	Staines	1
2:33.68	514	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	Staines	1
2:34.15	509	F	25/05/19	2019 London Swimming National Qualifier	London	Teddington	1
2:34.27	508	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Staines	1
2:34.36	507	F	28/07/19	NUEL Non National Qualifiers Meet 2019	London Aquatic	Teddington	3
2:34.66	504	F	27/01/19	2019 Middlesex County Championships	London	Staines	1
2:35.64	495	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Staines	1
2:35.64	495	H	31/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	Staines	1
2:38.74	466	H	17/05/15	ASASER Swimming Championships	Crawley	Staines	1
2:39.50	460	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Staines	1
2:40.16	454	F	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	Staines	1
2:41.58	442	H	12/04/15	Team Luton April Long Course Meet	Luton	Staines	1
2:41.76	441	H	17/05/15	ASASER Swimming Championships	Crawley	Staines	1
2:42.28	436	H	27/07/15	Swim Wales Summer Open Meet	Swansea	Staines	1
2:43.66	425	H	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Staines	1

2:43.66	423	F	28/03/15	City of Sheffield Swim Squad Premier Meet	Sheffield	Staines	1
3:00.59	317	H	06/08/14	Swim Wales Summer Nationals 2014	Swansea		1
3:04.93	295	H	31/05/14	ASA South East Region Age Group Championships	Crawley	Staines	1
3:10.27	271	F	06/08/14	Swim Wales Summer Nationals 2014	Swansea		1

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