

Individual Best Times (All Time)

John Jacob Conaghan - (950115) - City Of Glasgow Swim Team - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.09	498	F	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
28.19	493	H	27/05/18	2018 Glasgow International Swim Meet	Glasgow	Co Glasgow	1
28.25	489	H	28/04/18	University of Aberdeen International Open	Aberdeen	Co Glasgow	1
28.32	486	H	15/07/18	Scottish Summer Meet 2018	Aberdeen	Co Glasgow	1
28.75	464	H	18/02/18	2018 WD Long Course Championships - Round 2	Glasgow	Co Glasgow	1
29.03	451	F	08/04/18	City of Glasgow graded meet	Glasgow	Co Glasgow	1
29.18	444	H	28/03/18	Scottish National Age Group Championships	Tollcross	Co Glasgow	1
29.39	435	H	29/06/18	Scottish National Open Championships	Tollcross	Co Glasgow	1
29.79	417	H	02/06/17	East Kilbride Long Course Meet	East Kilbride	Co Glasgow	1
30.29	397	H	05/02/17	2017 SASA West District Championships	East Kilbride	Co Glasgow	1
30.36	394	H	12/05/17	SASA West Dist LC Best in the West AG Meet	East Kilbride	Co Glasgow	1
30.76	379	F	04/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	Co Glasgow	1
31.29	360	H	29/03/17	Scottish National Age Group Championships	Aberdeen	Co Glasgow	1
31.66	348	H	30/04/16	COAST Long Course Meet	Aberdeen	Co Glasgow	1

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