## **Individual Best Times (All Time)**

Ross Erentz - (948719) - South Ayrshire ASC - 100 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.83	457	Н	13/07/19	Scottish Summer Meet	RCP Edinburgh	Sth Ayrshire	1
1:14.17	451	Н	30/04/22	UoA Age Group Open Meet	Aberdeen		1
1:14.18	450	F	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	Sth Ayrshire	2
1:14.74	440	F	16/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
1:14.76	440	Н	23/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	Sth Ayrshire	1
1:15.95	420	Н	29/03/19	Scottish National Age Group Championships	Tollcross	Sth Ayrshire	1
1:16.00	419	Н	25/05/19	Glasgow International Swim Meet	Tollcross	Sth Ayrshire	1
1:16.17	416	Н	30/03/18	Scottish National Age Group Championships	Tollcross		1
1:16.60	409	F	02/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	Sth Ayrshire	1
1:16.99	403	F	30/03/18	Scottish National Age Group Championships	Tollcross	Sth Ayrshire	1
1:17.60	393	F	18/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	Sth Ayrshire	1
1:18.22	384	Н	14/07/18	Scottish Summer Meet 2018	Aberdeen	Sth Ayrshire	1
1:18.30	383	Н	26/05/18	2018 Glasgow International Swim Meet	Glasgow	Sth Ayrshire	1
1:21.10	344	F	28/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	Sth Ayrshire	1
1:29.50	256	Н	15/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	Sth Ayrshire	1
1:36.94	202	F	08/02/15	SASA West District JAG Championship	East Kilbride	Sth Ayrshire	1
1:37.77	196	Н	08/02/15	SASA West District JAG Championship	East Kilbride		1
1:43.35	166	Н	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Sth Ayrshire	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.17	451	Н	30/04/22	UoA Age Group Open Meet	Aberdeen		1
1:14.76	440	Н	23/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	Sth Ayrshire	1
1:14.74	440	F	16/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
1:14.18	450	F	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	Sth Ayrshire	2
1:13.83 Copyright 2024	457 4	Н	13/07/19	Scottish Summer Meet	RCP Edinburgh	Sth Ayrshire Powered By SPORT	1 SYSTEMS

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419	Н	25/05/19	Glasgow International Swim Meet	Tollcross	Sth Ayrshire	1
393	F	18/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	Sth Ayrshire	1
420	Н	29/03/19	Scottish National Age Group Championships	Tollcross	Sth Ayrshire	1
409	F	02/03/19	2019 WD Long Course AG Pre-SNAG Meet	Glasgow	Sth Ayrshire	1
384	Н	14/07/18	Scottish Summer Meet 2018	Aberdeen	Sth Ayrshire	1
383	Н	26/05/18	2018 Glasgow International Swim Meet	Glasgow	Sth Ayrshire	1
344	F	28/04/18	East Kilbride Long Course Open Age Group Meet	Dollan Aqua Centre	Sth Ayrshire	1
403	F	30/03/18	Scottish National Age Group Championships	Tollcross	Sth Ayrshire	1
416	Н	30/03/18	Scottish National Age Group Championships	Tollcross		1
256	Н	15/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	Sth Ayrshire	1
202	F	08/02/15	SASA West District JAG Championship	East Kilbride	Sth Ayrshire	1
196	Н	08/02/15	SASA West District JAG Championship	East Kilbride		1
166	Н	09/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Sth Ayrshire	1
	393 420 409 384 383 344 403 416 256 202 196	393 F 420 H 409 F 384 H 383 H 344 F 403 F 416 H 256 H 202 F 196 H	393 F 18/05/19 420 H 29/03/19 409 F 02/03/19 384 H 14/07/18 383 H 26/05/18 344 F 28/04/18 403 F 30/03/18 416 H 30/03/18 256 H 15/01/17 202 F 08/02/15 196 H 08/02/15	F 18/05/19 East Kilbride Long Course Age Group Meet 2019 420 H 29/03/19 Scottish National Age Group Championships 409 F 02/03/19 2019 WD Long Course AG Pre-SNAG Meet 384 H 14/07/18 Scottish Summer Meet 2018 383 H 26/05/18 2018 Glasgow International Swim Meet 344 F 28/04/18 East Kilbride Long Course Open Age Group Meet 403 F 30/03/18 Scottish National Age Group Championships 416 H 30/03/18 Scottish National Age Group Championships 416 H 30/03/18 Scottish National Age Group Championships 4256 H 15/01/17 2017 SASA West District LC AG R1 Championship 409 F 08/02/15 SASA West District JAG Championship 419 SASA West District JAG Championship	F 18/05/19 East Kilbride Long Course Age Group Meet 2019 Dollan Aqua Centre  420 H 29/03/19 Scottish National Age Group Championships Tollcross  409 F 02/03/19 2019 WD Long Course AG Pre-SNAG Meet Glasgow  384 H 14/07/18 Scottish Summer Meet 2018 Aberdeen  383 H 26/05/18 2018 Glasgow International Swim Meet Glasgow  344 F 28/04/18 East Kilbride Long Course Open Age Group Meet Dollan Aqua Centre  403 F 30/03/18 Scottish National Age Group Championships Tollcross  416 H 30/03/18 Scottish National Age Group Championships Tollcross  256 H 15/01/17 2017 SASA West District LC AG R1 Championship East Kilbride  202 F 08/02/15 SASA West District JAG Championship East Kilbride	F 18/05/19 East Kilbride Long Course Age Group Meet 2019 Dollan Aqua Centre Sth Ayrshire  420 H 29/03/19 Scottish National Age Group Championships Tollcross Sth Ayrshire  409 F 02/03/19 2019 WD Long Course AG Pre-SNAG Meet Glasgow Sth Ayrshire  384 H 14/07/18 Scottish Summer Meet 2018 Aberdeen Sth Ayrshire  383 H 26/05/18 2018 Glasgow International Swim Meet Glasgow Sth Ayrshire  344 F 28/04/18 East Kilbride Long Course Open Age Group Meet Dollan Aqua Centre Sth Ayrshire  403 F 30/03/18 Scottish National Age Group Championships Tollcross Sth Ayrshire  416 H 30/03/18 Scottish National Age Group Championships Tollcross  256 H 15/01/17 2017 SASA West District LC AG R1 Championship East Kilbride Sth Ayrshire  407 F 08/02/15 SASA West District JAG Championship East Kilbride Sth Ayrshire  408 F 08/02/15 SASA West District JAG Championship East Kilbride Sth Ayrshire

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