

Individual Best Times (All Time)

Elle Sutherland - (946306) - Westhill District ASC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:31.72	514	F	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Westhill	1
5:31.85	514	F	27/04/19	University of Aberdeen LC Age Group Open	Aberdeen	South Aberde	1
5:40.45	476	H	29/06/17	Scottish National Open Championships	Aberdeen	South Aberde	1
5:42.34	468	F	16/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
5:42.48	467	F	29/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	South Aberde	1
5:45.17	456	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Upper Deesid	1
5:45.53	455	H	30/06/16	Scottish National Open Championships	Glasgow	South Aberde	1
5:53.17	426	F	30/04/16	COAST Long Course Meet	Aberdeen	Upper Deesid	1
6:16.61	351	F	07/03/15	North District Age Group Championships	Aberdeen	Upper Deesid	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:42.34	468	F	16/07/21	Scottish Summer Festival of Swimming	Edinburgh		1
5:31.72	514	F	02/02/20	ND Age Group Championships 2020 R1	Aberdeen	Westhill	1
5:31.85	514	F	27/04/19	University of Aberdeen LC Age Group Open	Aberdeen	South Aberde	1
5:40.45	476	H	29/06/17	Scottish National Open Championships	Aberdeen	South Aberde	1
5:45.17	456	F	27/05/17	North District Long Course Time Trials 2017	Aberdeen	Upper Deesid	1
5:42.48	467	F	29/04/17	University of Aberdeen Long Course Open Meet	Aberdeen	South Aberde	1
5:45.53	455	H	30/06/16	Scottish National Open Championships	Glasgow	South Aberde	1
5:53.17	426	F	30/04/16	COAST Long Course Meet	Aberdeen	Upper Deesid	1
6:16.61	351	F	07/03/15	North District Age Group Championships	Aberdeen	Upper Deesid	1