

Individual Best Times (All Time)

Kai Jackson - (945686) - Alton & District Swimming Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:02.62	514	F	09/02/20	Surrey Age Group Championships 2020	Crystal Palace	Guildford Ct	1
5:04.71	504	F	10/02/19	Surrey Age Group Championships 2019	London	Guildford Ct	1
5:06.07	497	F	06/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	Guildford Ct	1
5:28.04	403	H	14/05/17	ASA South East Region Championships 2017	Crawley	Alton & Dist	1
5:38.23	368	H	18/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Alton & Dist	1
5:50.99	329	H	29/01/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
5:58.85	308	H	15/05/16	ASA South East Region Swimming Championships	Crawley	Alton & Dist	1
6:08.49	285	H	24/01/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
6:19.53	260	H	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	Alton & Dist	1
7:13.59	174		02/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1

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