

Individual Best Times (All Time)

Becky Alder - (945675) - Alton & District Swimming Club - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.47	302		03/03/13	Hampshire County Championships	Portsmouth	Alton & Dist	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.47	302		03/03/13	Hampshire County Championships	Portsmouth	Alton & Dist	1