Individual Best Times (All Time)

Adam Woo - (945629) - Winchester City Penguins - 100 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:02.47	563	Н	08/02/20	Hampshire County Championships 2020	Portsmouth	Winchester	1
1:02.83	553	Н	08/02/20	Hampshire County Championships 2020	Portsmouth	Winchester	1
1:03.38	539	F	01/08/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park		3
1:04.61	509	F	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	Winchester	1
1:05.58	487	F	07/04/19	Guildford City Level 1 Spring Open Meet	Surrey Sports Park	Winchester	1
1:05.72	484	Н	20/04/19	Team Luton April Open Meet	Luton	Winchester	1
1:06.69	463	F	23/06/19	2019 Long Course Summer Open	London	Winchester	1
1:09.37	411	Н	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Winchester	1
1:09.45	410	Н	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Winchester	1
1:09.49	409	Н	30/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	Winchester	1
1:11.63	373	F	15/07/18	Portsmouth Northsea End of Season Meet 2018	Mountbatten SC	Winchester	3
1:14.98	325	F	07/05/17	Portsmouth Northsea LC Sprint Meet	Portsmouth	Winchester	3

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1:14.98 325 F 07/05/17 Portsmouth Northsea LC Sprint Meet

Portsmouth

Winchester

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