

Individual Best Times (All Time)

Pietro Forconi - (944954) - Portsmouth Northsea SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:02.83	744	F	23/07/19	British Summer Championships	Glasgow	Portsmouth N	1
4:04.47	729	F	20/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	Portsmouth N	1
4:05.91	716	H	23/07/19	British Summer Championships	Glasgow	Portsmouth N	1
4:06.19	714	H	06/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Portsmouth N	1
4:09.29	687	F	25/07/17	British Summer Championships	Sheffield	Winchester	1
4:09.60	685	F	24/07/18	British Summer Championships	Sheffield	Portsmouth N	1
4:11.14	672	F	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	Portsmouth N	1
4:12.78	659	H	24/07/18	British Summer Championships	Sheffield	Portsmouth N	1
4:14.39	647	H	25/07/17	British Summer Championships	Sheffield	Winchester	1
4:14.63	645	F	25/03/17	Aquae Sulis Grand Prix	Bristol		1
4:15.66	637	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Portsmouth N	1
4:15.82	636	H	24/03/19	ESSA 69th National Inter-Divisional Championships	Crawley		1
4:16.97	628	H	07/02/20	FFN Golden Tour International de Nice	Nice France		1
4:18.65	615	H	07/05/18	Swim England South East Championships 2018	Wycombe	Portsmouth N	1
4:20.10	605	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Winchester	1
4:20.42	603	H	28/05/17	ASA South East Region Championships 2017	Crawley	Winchester	1
4:20.86	600	F	26/07/16	British Summer Championships	Sheffield	Winchester	1
4:22.08	592	H	26/07/16	British Summer Championships	Sheffield	Winchester	1
4:22.46	589	H	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	Winchester	1
4:23.30	583	H	24/03/18	ESSA 68th National Inter-Divisional Championships	Crawley		1
4:23.91	579	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Winchester	1
4:26.48	563	H	29/05/16	ASA South East Region Swimming Championships	Crawley	Winchester	1
4:26.79	561	F	10/04/16	City of Bristol International Open Meet	Bristol	Winchester	1
4:27.58	556	H	23/01/16	Hampshire County Swimming Championships 2016	Portsmouth	Winchester	1
4:27.90	554	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Winchester	1
4:28.07	553	H	13/12/17	Swim England Winter Championships 2017	Sheffield	Winchester	1
4:28.83	550	H	10/12/15	Northampton 2015 Long Course Winter Festival	Cardu	Winchester	1

4:31.82	550	F	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Winchester	
4:45.74	456	H	24/05/15	ASASER Swimming Championships	Portsmouth		1
4:56.64	408	H	28/02/15	Hampshire County ASA Championships	Portsmouth	Winchester	1
5:14.10	343	F	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Winchester	1
5:21.56	320		01/03/14	Hampshire County Championships	Portsmouth	Winchester	1
5:21.71	320	H	15/06/14	ASA South East Region Age Group Championships	Crawley	Winchester	1

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