

# Individual Best Times (All Time)

Joseph Munden - (944005) - Newham & University of East Lond - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.92	290	F	09/07/17	BWFSC L3 Summer Meet L3	London		3
1:19.45	273	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Bo Newham	1
1:20.08	267	H	21/01/18	Essex Age Group Championships 2018	Basildon	Bo Newham	1
1:21.07	257	H	22/01/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
1:21.07	257	H	22/01/17	Essex Age Group Championships	London	Bo Waltham F	1
1:21.07	257	H	22/01/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
1:22.07	248	F	01/10/17	BWFSC County Qualifier Meet	London Aqua Centre	Bo Newham	3
1:27.61	204	F	17/07/16	BWFSC Summer Meet 2016	London	Bo Waltham F	3
1:28.19	200	F	25/09/16	BWFSC County Qualifier Meet 2016	London	Bo Waltham F	3
1:30.97	182	F	03/01/16	BWFSC New Year Meet 2016	London	Bo Waltham F	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.08	267	H	21/01/18	Essex Age Group Championships 2018	Basildon	Bo Newham	1
1:19.45	273	H	28/10/17	Essex Senior Winter Championships 2017	Basildon	Bo Newham	1
1:22.07	248	F	01/10/17	BWFSC County Qualifier Meet	London Aqua Centre	Bo Newham	3
1:17.92	290	F	09/07/17	BWFSC L3 Summer Meet L3	London		3
1:21.07	257	H	22/01/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
1:21.07	257	H	22/01/17	Essex Age Group Championships	London	Bo Waltham F	1
1:21.07	257	H	22/01/17	Essex Age Group Championships 2017	Basildon	Bo Waltham F	1
1:28.19	200	F	25/09/16	BWFSC County Qualifier Meet 2016	London	Bo Waltham F	3
1:27.61	204	F	17/07/16	BWFSC Summer Meet 2016	London	Bo Waltham F	3
1:30.97	182	F	03/01/16	BWFSC New Year Meet 2016	London	Bo Waltham F	3