

# Individual Best Times (All Time)

Thomas Clare - (943755) - University of Nottingham SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
54.31	642	H	01/03/18	Edinburgh International Inc British Championships	Edinburgh	teamipswich	1
54.65	630	H	27/07/17	British Summer Championships	Sheffield	teamipswich	1
54.77	626	F	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
54.86	623	H	05/11/17	East Region Winter Championships	Norwich	teamipswich	1
54.99	618	H	28/07/16	British Summer Championships	Sheffield	teamipswich	1
54.99	618	H	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
55.04	617	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
55.16	613	H	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
55.21	611	H	02/07/17	ASAER Inter County Competition	Luton	Suffolk	1
55.61	598	H	28/06/18	Scottish National Open Championships	Tollcross	East Region	1
55.72	594	F	28/07/16	British Summer Championships	Sheffield	teamipswich	1
55.81	591	F	05/03/17	Suffolk County ASA Intercounty Gala	Norwich		3
55.90	589	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	teamipswich	1
56.08	583	H	31/03/19	Team Luton March Open Meet	Luton	teamipswich	1
56.08	583	H	24/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	Uni of Nott	1
56.17	580	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	teamipswich	1
56.18	580	H	09/04/17	The National Arena Swimming League 47th Cup Final	Cardiff	teamipswich	1
56.21	579	H	31/07/15	British Summer Championships	Sheffield		1
56.33	575	F	31/07/15	British Summer Championships	Sheffield		1
56.41	573	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	teamipswich	1
56.75	563	H	24/05/15	ASA East Region Summer Championships	Norwich		1
57.28	547	H	06/03/16	Norfolk Intercounty Gala	Norwich		3
57.51	540	F	24/05/15	ASA East Region Summer Championships	Norwich		1
58.35	517	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	teamipswich	1
59.09	498	F	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield		1
59.42	490	H	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	teamipswich	1
59.49	490	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1

59.43	490	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
59.90	478	H	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield		1
1:00.78	458	F	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1
1:01.46	443	H	06/07/14	ASA East Region Inter County Championships	Basildon	Suffolk	1
1:01.50	442	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1
1:06.28	353	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Stowmarket	1
1:12.36	271	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Stowmarket	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
56.08	583	H	24/02/24	Nottinghamshire ASA County Championships 2024	Nottingham	Uni of Nott	1
55.90	589	H	04/05/19	Swim England East Region Long Course Champs	Inspire Luton	teamipswich	1
56.08	583	H	31/03/19	Team Luton March Open Meet	Luton	teamipswich	1
54.99	618	H	02/08/18	Swim England National Summer Meet	Sheffield	teamipswich	1
55.61	598	H	28/06/18	Scottish National Open Championships	Tollcross	East Region	1
55.04	617	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	teamipswich	1
54.31	642	H	01/03/18	Edinburgh International Inc British Championships	Edinburgh	teamipswich	1
54.86	623	H	05/11/17	East Region Winter Championships	Norwich	teamipswich	1
54.65	630	H	27/07/17	British Summer Championships	Sheffield	teamipswich	1
55.21	611	H	02/07/17	ASAER Inter County Competition	Luton	Suffolk	1
54.77	626	F	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
55.16	613	H	29/04/17	ASA East Long Course Championships	Luton	teamipswich	1
56.18	580	H	09/04/17	The National Arena Swimming League 47th Cup Final	Cardiff	teamipswich	1
55.81	591	F	05/03/17	Suffolk County ASA Intercounty Gala	Norwich		3
56.41	573	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	teamipswich	1
55.72	594	F	28/07/16	British Summer Championships	Sheffield	teamipswich	1
54.99	618	H	28/07/16	British Summer Championships	Sheffield	teamipswich	1
56.17	580	H	14/05/16	City of Sheffield Swim Squad No Frills Meet	Sheffield	teamipswich	1
57.28	547	H	06/03/16	Norfolk Intercounty Gala	Norwich		3
56.33	575	F	31/07/15	British Summer Championships	Sheffield		1
56.21	579	H	31/07/15	British Summer Championships	Sheffield		1
57.51	540	F	24/05/15	ASA East Region Summer Championships	Norwich		1
56.75	563	H	24/05/15	ASA East Region Summer Championships	Norwich		1
58.35	517	F	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	teamipswich	1
59.42	490	H	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	teamipswich	1
59.43	490	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	teamipswich	1
59.09	498	F	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield		1
59.90	478	H	31/07/14	BG ASA National Age Groups Champs 2014	Sheffield		1
1:01.46	443	H	06/07/14	ASA East Region Inter County Championships	Basildon	Suffolk	1
1:00.78	458	F	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1
1:01.50	442	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	teamipswich	1
1:06.28	353	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Stowmarket	1
1:12.36	271	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Stowmarket	1