

# Individual Best Times (All Time)

James Webster - (942878) - Ruthin Rays - 200 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.97	198	H	01/10/16	Sherwood Colliery The Robin Hood Open Meet 2016	Sheffield	Denbig DT	3

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