

Individual Best Times (All Time)

Holly Harris - (940592) - Poole SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.11	497	F	31/03/18	Millfield Super Series	Millfield	Poole	1
5:02.63	470	H	26/01/19	Chester le Street ASC and Derwentside Burns Meet	Sheffield	Poole	1
5:58.01	284	F	25/10/14	Frome Autumn Open Meet	Millfield	Bourmth Coll	3

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