## Individual Best Times (All Time)

Emily Buist - (939191) - Rushmoor Royals SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet  | Venue      | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 31.63 | 612    | Н     | 08/02/20 | Hampshire County Championships 2020               | Portsmouth | Rushmoor Ryl    | 1     |
| 31.67 | 610    | Н     | 30/03/19 | Rushmoor Royals L1 Spring National Qualifier Open | Aldershot  | Rushmoor Ryl    | 1     |
| 31.76 | 604    | Н     | 08/02/20 | Hampshire County Championships 2020               | Portsmouth | Rushmoor Ryl    | 1     |
| 31.98 | 592    | Н     | 04/05/19 | Swim England 15 Over Swimming Championships 2019  | Wycombe    | Rushmoor Ryl    | 1     |
| 32.05 | 588    | F     | 14/03/20 | 2020 London Region Spring Open Meet               | London     | Rushmoor Ryl    | 1     |
| 32.21 | 579    | Н     | 05/05/18 | Swim England South East Championships 2018        | Wycombe    | Rushmoor Ryl    | 1     |
| 32.40 | 569    | F     | 16/02/20 | Swansea Aquatics 2020 Spring LC Open Meet         | Swansea    | Rushmoor Ryl    | 1     |
| 32.53 | 562    | Н     | 25/02/18 | Rushmoor Royals Regional Qualifier Open Meet      | Aldershot  | Rushmoor Ryl    | 3     |
| 32.99 | 539    | Н     | 17/03/18 | Rushmoor Royals L1 Spring National Qualifier Open | Aldershot  | Rushmoor Ryl    | 1     |
| 40.63 | 288    | F     | 19/10/13 | Wycombe October BC LC Open Meet                   | Wycombe    | Windsor         | 3     |
| 40.74 | 286    | F     | 13/07/13 | Portsmouth Northsea End of Season Meet            | Portsmouth | Windsor         | 3     |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet  | Venue      | Club Swam Under | Level |
|-------|--------|-------|----------|---|------------|-----------------|-------|
| 32.05 | 588    | F     | 14/03/20 | 2020 London Region Spring Open Meet               | London     | Rushmoor Ryl    | 1     |
| 32.40 | 569    | F     | 16/02/20 | Swansea Aquatics 2020 Spring LC Open Meet         | Swansea    | Rushmoor Ryl    | 1     |
| 31.63 | 612    | Н     | 08/02/20 | Hampshire County Championships 2020               | Portsmouth | Rushmoor Ryl    | 1     |
| 31.76 | 604    | Н     | 08/02/20 | Hampshire County Championships 2020               | Portsmouth | Rushmoor Ryl    | 1     |
| 31.98 | 592    | Н     | 04/05/19 | Swim England 15 Over Swimming Championships 2019  | Wycombe    | Rushmoor Ryl    | 1     |
| 31.67 | 610    | Н     | 30/03/19 | Rushmoor Royals L1 Spring National Qualifier Open | Aldershot  | Rushmoor Ryl    | 1     |
| 32.21 | 579    | Н     | 05/05/18 | Swim England South East Championships 2018        | Wycombe    | Rushmoor Ryl    | 1     |
| 32.99 | 539    | Н     | 17/03/18 | Rushmoor Royals L1 Spring National Qualifier Open | Aldershot  | Rushmoor Ryl    | 1     |
| 32.53 | 562    | Н     | 25/02/18 | Rushmoor Royals Regional Qualifier Open Meet      | Aldershot  | Rushmoor Ryl    | 3     |
| 40.63 | 288    | F     | 19/10/13 | Wycombe October BC LC Open Meet                   | Wycombe    | Windsor         | 3     |
| 40.74 | 286    | F     | 13/07/13 | Portsmouth Northsea End of Season Meet            | Portsmouth | Windsor         | 3     |