

# Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:04.65	547	F	01/08/18	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:05.28	539	F	02/08/17	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:05.34	538	H	01/08/18	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:06.56	523	F	15/04/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:07.18	515	H	02/08/17	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:07.55	511	H	15/04/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:08.04	505	H	01/08/19	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:08.10	504	H	12/05/18	Manchester Open Meet 2018	Manchester	Co Cardiff	1
2:08.14	504	R	22/04/19	Swim Wales Long Course Championships	WNPS	Co Cardiff	1
2:08.80	496	H	26/05/17	Cardiff International Open Meet 2017	Cardiff	Co Cardiff	1
2:09.41	489	F	26/05/17	Cardiff International Open Meet 2017	Cardiff	Co Cardiff	1
2:10.45	478	F	24/03/19	Millfield Street Super Series (LC)	Millfield	Co Cardiff	1
2:10.76	474	F	01/08/19	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:11.22	469	H	31/03/18	Swim Wales LC Championships	Swansea	Co Cardiff	1
2:11.49	466	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Co Cardiff	1
2:12.06	460	F	03/08/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:12.82	452	H	03/08/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
2:12.87	452	F	11/03/17	United Bristol Qual Level 1 Open Meet	Bristol	Co Cardiff	1
2:12.87	452	H	21/10/17	Manchester International Swim Meet (ISM) 2017	Manchester	Co Cardiff	1
2:14.02	440	F	15/05/16	City of Swansea Long Course Meet 2016	Swansea	Co Cardiff	1
2:17.10	411	H	28/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
2:17.58	407	H	26/03/16	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:19.93	387	F	28/07/15	Swim Wales Summer Open Meet	Swansea	Co Cardiff	1
2:20.05	386	F	09/04/16	City of Bristol International Open Meet	Bristol	Co Cardiff	1
2:20.55	382	F	28/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
2:21.98	370	F	26/03/16	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
2:23.76	357	F	04/04/15	Swim Wales Long Course Closed Championships	Swansea	Co Cardiff	1

2:23.76	337	F	04/04/15	Swim Wales Long Course Closed Championships	Swansea	Co Cardiff	1
2:24.21	353	F	30/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
2:25.05	347	H	04/04/15	Swim Wales Long Course Closed Championships	Swansea	Co Cardiff	1
2:26.03	340	F	21/03/15	City of Cardiff Tiger Bay Meet	Cardiff	Co Cardiff	3
2:26.83	335	H	28/07/15	Swim Wales Summer Open Meet	Swansea	Co Cardiff	1
2:28.88	321	F	17/05/15	Swim Swansea Open Meet	Swansea	Co Cardiff	1
2:29.64	316	H	21/06/15	40 Stuttgart International Swim Meet	Stuttgart		1
2:31.37	305	H	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
2:31.37	305	F	10/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
2:31.92	302	F	15/11/14	Welsh Capital Open Meet	Cardiff	Co Cardiff	1
2:39.76	260	H	07/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
2:39.94	259	H	07/08/14	Swim Wales Summer Nationals 2014	Swansea	Co Cardiff	1
2:39.99	259	F	13/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	Co Cardiff	3
2:42.14	248	F	18/05/14	Swim Swansea Long Course Meet 2014	Swansea	Co Cardiff	1
2:43.56	242	F	22/03/14	Tiger Bay Open Meet 2014	Cardiff	Co Cardiff	3
2:44.97	236	F	20/09/14	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
2:49.95	216	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	1
2:52.17	207	F	14/07/13	Plymouth Leander Non-National Qualifiers Meet	Plymouth	Co Cardiff	3
3:04.90	167	F	21/09/13	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
3:14.99	143	F	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	Co Cardiff	3
3:31.10	112	F	22/09/12	City of Cardiff SC Club Championships	Cardiff	Co Cardiff	4

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