

Individual Best Times (All Time)

Adam Murray - (937909) - City of Cardiff - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.11	546	F	20/04/19	Swim Wales Long Course Championships	WNPS	Co Cardiff	1
1:03.43	538	F	26/05/18	Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:03.79	529	F	30/07/19	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:04.05	522	R	22/04/19	Swim Wales Long Course Championships	WNPS	Co Cardiff	1
1:04.07	522	F	04/08/18	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:04.26	517	H	12/05/18	Manchester Open Meet 2018	Manchester	Co Cardiff	1
1:04.46	512	H	26/05/18	Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:04.55	510	H	04/08/18	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:04.82	504	H	30/07/19	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:04.89	502	H	20/04/19	Swim Wales Long Course Championships	WNPS	Co Cardiff	1
1:05.28	493	F	05/08/17	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:05.28	493	H	25/05/19	City of Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:05.42	490	F	27/05/17	Cardiff International Open Meet 2017	Cardiff	Co Cardiff	1
1:05.53	488	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Co Cardiff	1
1:05.77	482	H	31/03/18	Swim Wales LC Championships	Swansea	Co Cardiff	1
1:05.79	482	H	15/04/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
1:05.85	481	H	09/04/17	The National Arena Swimming League 47th Cup Final	Cardiff	Co Cardiff	1
1:05.92	479	F	31/03/18	Swim Wales LC Championships	Swansea	Co Cardiff	1
1:06.04	477	F	15/04/17	Swim Wales Long Course Championships	Swansea	Co Cardiff	1
1:06.22	473	H	05/08/17	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:06.30	471	F	11/03/17	United Bristol Qual Level 1 Open Meet	Bristol	Co Cardiff	1
1:06.44	468	F	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Co Cardiff	1
1:07.03	456	F	24/03/19	Millfield Street Super Series (LC)	Millfield	Co Cardiff	1
1:07.57	445	F	06/08/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:07.85	439	H	03/03/19	Arena National League 50th Cup Final	Cardiff	Co Cardiff	1
1:08.18	433	H	22/10/17	Manchester International Swim Meet (ISM) 2017	Manchester	Co Cardiff	1
1:08.57	426	H	06/08/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1

1:06.57	420	F	06/06/16	Swim Wales Summer Nationals	Swansea	Co Cardiff	1
1:08.73	423	F	27/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
1:09.38	411	F	15/05/16	City of Swansea Long Course Meet 2016	Swansea	Co Cardiff	1
1:09.86	402	H	27/05/16	City of Cardiff Open Meet	Cardiff	Co Cardiff	1
1:09.87	402	F	09/04/16	City of Bristol International Open Meet	Bristol	Co Cardiff	1
1:10.74	388	H	15/05/16	City of Swansea Long Course Meet 2016	Swansea	Co Cardiff	1
1:12.92	354	F	25/07/15	Swim Wales Summer Open Meet	Swansea	Co Cardiff	1
1:13.08	352	H	26/03/16	Swim Wales Long Course Championships	Swansea		1
1:13.25	349	F	29/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
1:13.30	348	H	25/07/15	Swim Wales Summer Open Meet	Swansea	Co Cardiff	1
1:13.43	346	H	04/04/15	Swim Wales Long Course Closed Championships	Swansea	Co Cardiff	1
1:13.60	344	F	04/04/15	Swim Wales Long Course Closed Championships	Swansea	Co Cardiff	1
1:15.03	325	H	29/05/15	Cardiff International Open Meet 2015	Cardiff	Co Cardiff	1
1:15.09	324	F	11/01/15	United Bristol New Year Open Meet	Hengrove	Co Cardiff	1
1:15.60	317	R	03/04/15	Swim Wales Long Course Closed Championships	Swansea		1
1:19.99	268	F	04/08/14	Swim Wales Summer Nationals 2014	Swansea	Co Cardiff	1
1:20.22	266	F	15/11/14	Welsh Capital Open Meet	Cardiff	Co Cardiff	1
1:22.02	248	H	04/08/14	Swim Wales Summer Nationals 2014	Swansea	Co Cardiff	1
1:24.24	229	F	20/09/14	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
1:24.30	229	F	12/07/14	Torfaen Dolphins Non National Qualifier 2014	Bristol	Co Cardiff	3
1:26.80	210	H	06/06/14	Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:30.23	187	F	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:30.43	185	H	07/06/13	Cardiff International Open Meet	Cardiff	Co Cardiff	1
1:33.21	169	F	16/11/13	City of Cardiff Capital Open Meet	Cardiff	Co Cardiff	1
1:39.24	140	F	23/03/13	City of Cardiff SC Tiger Bay Open Meet	Cardiff	Co Cardiff	3
1:40.52	135	F	21/09/13	City of Cardiff Club Championships	Cardiff	Co Cardiff	4
1:41.54	131	F	24/02/13	City of Cardiff Closed Invitational Meet	Cardiff	Co Cardiff	4
1:51.99	97	F	22/09/12	City of Cardiff SC Club Championships	Cardiff	Co Cardiff	4

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