

Individual Best Times (All Time)

Daniel Cox - (930682) - The University Of Birmingham - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.76	604	H	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	Wycombe Dist	1
4:46.77	604	F	02/08/23	Swim England National Summer Meet 2023	Sheffield	Wycombe Dist	1
4:47.43	600	F	10/03/23	Wycombe LC Premier Meet 2023	High Wycombe		1
4:48.62	593	H	02/08/23	Swim England National Summer Meet 2023	Sheffield	Wycombe Dist	1
4:55.37	553	H	11/02/23	Middle East Junior and Open Championships 2023	Hamdan		1
4:57.00	544	F	01/08/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park		3
4:58.96	533	H	15/01/23	Berkshire & South Bucs County & Age Group Champs	High Wycombe	Wycombe Dist	1
5:09.08	482	F	13/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	Wycombe Dist	1
5:12.02	469	H	27/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Wycombe Dist	1
5:29.81	397	H	28/01/18	Berks & Sth Bucks County Championships	Wycombe	Wycombe Dist	1
5:32.81	386	H	14/05/17	ASA South East Region Championships 2017	Crawley	Wycombe Dist	1
5:39.90	363	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Wycombe Dist	1
5:41.67	357	F	16/04/17	PNSC Easter Meet	Portsmouth	Wycombe Dist	1
5:45.98	344	F	22/09/18	WDSC Club Championships 2018	Wycombe	Wycombe Dist	4
5:47.33	340	F	16/09/17	2017 WDSC Club Championships	Wycombe	Wycombe Dist	4
6:05.64	291	F	17/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	Wycombe Dist	3
6:43.73	216	F	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	Wycombe Dist	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.77	604	F	02/08/23	Swim England National Summer Meet 2023	Sheffield	Wycombe Dist	1
4:48.62	593	H	02/08/23	Swim England National Summer Meet 2023	Sheffield	Wycombe Dist	1
4:47.43	600	F	10/03/23	Wycombe LC Premier Meet 2023	High Wycombe		1
4:55.37	553	H	11/02/23	Middle East Junior and Open Championships 2023	Hamdan		1
4:58.96	533	H	15/01/23	Berkshire & South Bucs County & Age Group Champs	High Wycombe	Wycombe Dist	1
4:46.76	604	H	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	Wycombe Dist	1

4:57.00	544	F	01/08/21	Guildford City SC L3 Summer Open Meet	Surrey Sports Park		3
5:09.08	482	F	13/03/20	2020 Wycombe Long Course Premier Meet	Wycombe	Wycombe Dist	1
5:12.02	469	H	27/01/19	Berkshire & S Buckinghamshire County Champs 2019	Wycombe	Wycombe Dist	1
5:45.98	344	F	22/09/18	WDSC Club Championships 2018	Wycombe	Wycombe Dist	4
5:29.81	397	H	28/01/18	Berks & Sth Bucks County Championships	Wycombe	Wycombe Dist	1
5:47.33	340	F	16/09/17	2017 WDSC Club Championships	Wycombe	Wycombe Dist	4
5:32.81	386	H	14/05/17	ASA South East Region Championships 2017	Crawley	Wycombe Dist	1
5:41.67	357	F	16/04/17	PNSC Easter Meet	Portsmouth	Wycombe Dist	1
5:39.90	363	F	18/02/17	WDSC Long Course "No Frills" Invitation Meet	Wycombe	Wycombe Dist	1
6:05.64	291	F	17/07/16	Wycombe District End of Season Open Meet 2016	Wycombe	Wycombe Dist	3
6:43.73	216	F	19/09/15	Wycombe District Swim Club Club Championships	Wycombe	Wycombe Dist	4