

Individual Best Times (All Time)

Ben Blowers - (930066) - Loughborough University Swimming - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
51.87	737	H	04/08/23	Swim England National Summer Meet 2023	Sheffield	Lboro Uni	1
51.98	732	H	07/04/22	British Championships 2022	Sheffield	Co Norwich	1
52.10	727	F	04/08/23	Swim England National Summer Meet 2023	Sheffield	Lboro Uni	1
52.24	721	H	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Lboro Uni	1
52.41	714	H	06/04/23	British Swimming Championships 2023	Sheffield	Lboro Uni	1
52.54	709	H	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Lboro Uni	1
52.75	701	H	25/07/22	British Summer Championships	Sheffield	Co Norwich	1
52.82	698	H	02/03/24	The National Arena Swim League B Final & Cup Final	Cardiff	Co Norwich	1
52.86	696	H	30/04/23	East Midlands Regional LC Championships 2023	Derby	Lboro Uni	1
52.91	694	H	05/03/22	National Arena Swimming League B Final & Cup Final	Cardiff	Co Norwich	1
52.93	693	H	19/03/22	Derwentio eXcel March Open Meet	Sheffield	Co Norwich	1
52.97	692	H	27/02/22	Norfolk County Championships	UEA Sportspark	Co Norwich	1
53.00	691	H	05/03/23	National Arena Swimming League B Final & Cup Final	Cardiff	Co Norwich	1
53.15	685	H	12/03/23	Edinburgh International 2023	Edinburgh		1
53.30	679	F	10/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield		1
53.33	678	H	10/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield		1
53.38	676	H	30/04/22	SE East Region Long Course Championships 2022	Norwich	Co Norwich	1
53.41	675	F	30/04/22	SE East Region Long Course Championships 2022	Norwich	Co Norwich	1
53.45	673	F	30/04/23	East Midlands Regional LC Championships 2023	Derby	Lboro Uni	1
53.49	672	F	10/07/21	CONSC Midsummer Madness 2021	Norwich		3
53.49	672	H	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Co Norwich	1
53.70	664	F	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
53.88	657	H	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
53.89	657	F	05/02/23	Norfolk County Championships 2023	Norwich	Co Norwich	1
53.98	654	H	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
54.35	640	F	10/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
54.47	636	F	26/05/10	2010 London Swimming National Qualifier	London	Co Norwich	1

54.47	650	F	20/03/19	2019 London Swimming National Qualifier	London	Co Norwich	1
54.70	628	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Norwich	1
54.80	625	H	10/02/19	Norfolk County Championships 2019	Norwich	Co Norwich	1
54.86	623	H	02/08/19	Swim England National Summer Meet	Sheffield	Co Norwich	1
55.18	612	H	07/07/19	Swim England East Region Inter County Competition	UEA Sportspark	Norfolk	1
55.22	611	H	20/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
55.54	600	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Norwich	1
55.56	599	H	05/02/23	Norfolk County Championships 2023	Norwich	Co Norwich	1
55.73	594	F	20/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
56.05	584	H	05/05/18	East Swimming Long Course Championships 2018	Norwich	Co Norwich	1
56.57	568	F	31/03/18	City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
56.71	564	H	14/04/18	N&EL L1 National Qualifying Meet	London		1
56.83	560	H	08/07/18	Swim England East Region Inter County Competition	UEA Sportspark	Norfolk	1
56.91	558	H	31/03/18	City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
57.11	552	H	29/04/17	ASA East Long Course Championships	Luton	Co Norwich	1
57.13	551	H	13/05/17	City of Sheffield No Frills Meet	Sheffield	Co Norwich	1
57.37	544	H	13/01/18	Norfolk County Championships 2018	Norwich	Co Norwich	1
57.41	543	H	05/11/17	East Region Winter Championships	Norwich	Co Norwich	1
57.41	543	F	13/01/18	Norfolk County Championships 2018	Norwich	Co Norwich	1
57.44	542	F	15/04/17	UEA City of Norwich Easter LC Meet	Norwich	Co Norwich	1
57.52	540	H	15/04/17	UEA City of Norwich Easter LC Meet	Norwich	Co Norwich	1
57.60	538	H	02/07/17	ASAER Inter County Competition	Luton	Norfolk	1
57.90	530	H	25/03/17	City of Sheffield Premier Meet	Sheffield	Co Norwich	1
57.99	527	F	05/03/17	Suffolk County ASA Intercounty Gala	Norwich		3
58.20	521	H	17/02/17	Hamilton Aquatics Dubai Open	Dubai	Co Norwich	1
58.43	515	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Co Norwich	1
58.78	506	H	29/05/16	ASA East Region Long Course Championships	Luton	Co Norwich	1
59.52	487	F	29/05/16	ASA East Region Long Course Championships	Luton	Co Norwich	1
59.71	483	H	08/05/16	Rotherham Metro Level One Long Course Meet	Sheffield	Co Norwich	1
1:00.39	467	F	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
1:00.93	454	H	26/03/16	UEA City of Norwich Easter Long Course Meet	Norwich	Co Norwich	1
1:02.11	429	H	17/01/16	City of Derby Fifteenth LC L1 Open Meet	Sheffield	Co Norwich	1
1:03.80	396	H	24/05/15	ASA East Region Summer Championships	Norwich		1
1:04.09	390	F	24/05/15	ASA East Region Summer Championships	Norwich		1
1:04.26	387	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
1:05.89	359	H	04/04/15	UEA City of Norwich Easter LC Meet 2015	Norwich	Co Norwich	1
1:06.85	344	H	11/01/15	City of Derby Fourteenth LC Level 1 Open Meet	Sheffield		1
1:07.24	338	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Co Norwich	1
1:08.77	316	H	19/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Norwich	1
1:08.93	314	H	18/05/14	Rotherham Metro SC Level One Long Course Meet	Sheffield	Co Norwich	1
1:09.63	304	F	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Co Norwich	1
1:09.78	302	F	12/07/14	City of Norwich SC Mid-Summer Madness Open	Norwich	Co Norwich	3
1:11.76	278	F	08/02/14	UEA City of Norwich Groundhog LC Meet 2014	Norwich	Co Norwich	1
1:13.51	259	F	02/06/13	BGASA East Region Age Group Champs	Norwich	Co Norwich	1
1:14.29	250	H	30/03/13	City of Norwich SC Easter Meet 2013	Norwich	Co Norwich	1
1:14.35	250	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Co Norwich	1
1:15.46	239	F	02/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	Co Norwich	1
1:18.70	211	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Co Norwich	1

Swims in Date Order

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53.98	654	H	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	Lboro Uni	1
52.24	721	H	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Lboro Uni	1
52.54	700	H	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Lboro Uni	1

52.34	705	H	03/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Lboro Uni	1
52.82	698	H	02/03/24	The National Arena Swim League B Final & Cup Final	Cardiff	Co Norwich	1
52.10	727	F	04/08/23	Swim England National Summer Meet 2023	Sheffield	Lboro Uni	1
51.87	737	H	04/08/23	Swim England National Summer Meet 2023	Sheffield	Lboro Uni	1
53.30	679	F	10/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield		1
53.33	678	H	10/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield		1
53.45	673	F	30/04/23	East Midlands Regional LC Championships 2023	Derby	Lboro Uni	1
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53.15	685	H	12/03/23	Edinburgh International 2023	Edinburgh		1
53.00	691	H	05/03/23	National Arena Swimming League B Final & Cup Final	Cardiff	Co Norwich	1
53.89	657	F	05/02/23	Norfolk County Championships 2023	Norwich	Co Norwich	1
55.56	599	H	05/02/23	Norfolk County Championships 2023	Norwich	Co Norwich	1
52.75	701	H	25/07/22	British Summer Championships	Sheffield	Co Norwich	1
53.41	675	F	30/04/22	SE East Region Long Course Championships 2022	Norwich	Co Norwich	1
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53.49	672	H	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	Co Norwich	1
53.49	672	F	10/07/21	CONSC Midsummer Madness 2021	Norwich		3
53.70	664	F	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
53.88	657	H	26/01/20	Norfolk County Championships 2020	Norwich	Co Norwich	1
54.86	623	H	02/08/19	Swim England National Summer Meet	Sheffield	Co Norwich	1
55.18	612	H	07/07/19	Swim England East Region Inter County Competition	UEA Sportspark	Norfolk	1
54.47	636	F	26/05/19	2019 London Swimming National Qualifier	London	Co Norwich	1
55.73	594	F	20/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
55.22	611	H	20/04/19	CoNSC EASTER MEET 2019	Norwich	Co Norwich	1
54.70	628	H	30/03/19	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Norwich	1
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55.54	600	H	27/05/18	DX 2nd Long Course Open Meet	Sheffield	Co Norwich	1
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