Individual Best Times (All Time)

Sophie Granite - (928035) - Carn Brea and Helston SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:54.53	292	F	05/04/14	City of Bristol Level 1 Open Meet	Hengrove	Carn Brea	1

Swims in Date Order

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