

# Individual Best Times (All Time)

Menna Shirras - (926942) - Preston Swimming Club - 100 Breaststroke - Long Course

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
| 1:54.57 | 175    | H     | 22/06/14 | City of Liverpool SC L3 Summer Sprint Meet | Liverpool | NofioGwynedd    | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                       | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|--|-----------|-----------------|-------|
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