

Individual Best Times (All Time)

Joshua Cruz - (926212) - Royal Tunbridge Wells Monson SC - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.78	513	H	21/01/17	Kent Swimming Championships	Crystal Palace	RTW Monson	1

Swims in Date Order

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