

# Individual Best Times (All Time)

Daniel Ahmed - (925302) - Soundwell SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:58.31	401	F	01/11/15	City of Bristol SC Level 3 Open Meet	Hengrove	Soundwell	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:58.31	401	F	01/11/15	City of Bristol SC Level 3 Open Meet	Hengrove	Soundwell	3